



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Freitag, Roman

Number: 317

Course: 13.00 km
Mittelstrecke

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 50:58

Speed: 15.30 km/h

Running performance: 3:55 min/km

Rank in course/Total: 1 (of 100)

Rank in course/Men: 1 (of 74)

Best time in course: 50:58

Rank in category: 1(of 3)

Best time in the category: 50:58