



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Gernke, Markus

Club: Werratal Runners
Number: 312

Course: 13.00 km
Mittelstrecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:55

Speed: 12.60 km/h
Running performance: 4:46 min/km

Rank in course/Total: 10 (of 100)

Rank in course/Men: 9 (of 74)

Best time in course: 50:58

Rank in category: 1(of 8)

Best time in the category: 1:01:55