



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Grießhammer, Günter

Club: LAV Saale Rennsteig
Number: 231

Course: 13.00 km
Mittelstrecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:08:50

Speed: 11.33 km/h
Running performance: 5:17 min/km

Rank in course/Total: 26 (of 100)

Rank in course/Men: 24 (of 74)

Best time in course: 50:58

Rank in category: 1(of 6)

Best time in the category: 1:08:50