



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Freitag, Annett**

Club: Eisenacher Leichtathletik Verein  
Number: 318

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:10:10

Speed: 11.12 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 30 (of 100)

Rank in course/Women: 3 (of 26)

Best time in course: 1:01:17

Rank in category: 1(of 4)

Best time in the category: 1:10:10