



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Pfaff, Ronny

Number: 300

Course: 13.00 km
Mittelstrecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:10:39

Speed: 11.04 km/h

Running performance: 5:26 min/km

Rank in course/Total: 33 (of 100)

Rank in course/Men: 30 (of 74)

Best time in course: 50:58

Rank in category: 9(of 13)

Best time in the category: 55:19