



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Simon, Holger

Club: Schmalkalden
Number: 307

Course: 13.00 km
Mittelstrecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:12:04

Speed: 10.82 km/h
Running performance: 5:32 min/km

Rank in course/Total: 39 (of 100)

Rank in course/Men: 35 (of 74)

Best time in course: 50:58

Rank in category: 10(of 13)

Best time in the category: 55:19