



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Holzhaus, Reiner**

Club: LAV Saale Rennsteig/Kamsdorf  
Number: 236

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:14:14

Speed: 10.51 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 45 (of 100)

Rank in course/Men: 41 (of 74)

Best time in course: 50:58

Rank in category: 3(of 5)

Best time in the category: 1:10:57