



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Rudorf, Hans**

Club: FSV Meuselwitz  
Number: 251

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:14:56

Speed: 10.41 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 48 (of 100)

Rank in course/Men: 42 (of 74)

Best time in course: 50:58

Rank in category: 4(of 5)

Best time in the category: 1:10:57