



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Pohl, Wolfgang**

Club: Laufgruppe Treffurt  
Number: 246

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:15:14

Speed: 10.37 km/h

Running performance: 5:47 min/km

Rank in course/Total: 49 (of 100)

Rank in course/Men: 43 (of 74)

Best time in course: 50:58

Rank in category: 3(of 6)

Best time in the category: 1:08:50