



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Baumbach, Rüdiger

Club: Bosch Eisenach
Number: 223

Course: 13.00 km
Mittelstrecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:17:00

Speed: 10.13 km/h
Running performance: 5:55 min/km

Rank in course/Total: 53 (of 100)

Rank in course/Men: 47 (of 74)

Best time in course: 50:58

Rank in category: 6(of 9)

Best time in the category: 1:01:55