



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Schwanz, Rainer**

Club: rot-weiß Scherbda  
Number: 291

Course: 13.00 km  
Mittelstrecke

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:19:11

Speed: 9.85 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 61 (of 100)

Rank in course/Men: 53 (of 74)

Best time in course: 50:58

Rank in category: 5(of 5)

Best time in the category: 1:10:57