



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Selle, Klaus

Club: Kraftsport MHL
Number: 256

Course: 13.00 km
Mittelstrecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:20:17

Speed: 9.72 km/h
Running performance: 6:11 min/km

Rank in course/Total: 66 (of 100)

Rank in course/Men: 55 (of 74)

Best time in course: 50:58

Rank in category: 8(of 10)

Best time in the category: 57:05