



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Urban, Tobias

Club: LV Altstadt 98 Nordhausen
Number: 321

Course: 13.00 km
Mittelstrecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:21:30

Speed: 9.57 km/h
Running performance: 6:16 min/km

Rank in course/Total: 69 (of 100)

Rank in course/Men: 58 (of 74)

Best time in course: 50:58

Rank in category: 6(of 8)

Best time in the category: 1:01:55