



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

**Bärwolf, Silvia**

Club: Laufftreff Breitungen  
Number: 322

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:21:53

Speed: 9.53 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 71 (of 100)  
Rank in course/Women: 12 (of 26)  
Best time in course: 1:01:17

Rank in category: 3(of 4)  
Best time in the category: 1:19:16