



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Ose, Elke

Club: Energuido
Number: 298

Course: 13.00 km
Mittelstrecke

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:22:20

Speed: 9.47 km/h
Running performance: 6:20 min/km

Rank in course/Total: 72 (of 100)
Rank in course/Women: 13 (of 26)
Best time in course: 1:01:17

Rank in category: 3(of 4)
Best time in the category: 1:11:23