



25. Hainich-Lauf  
Mihla / 01.05.2019

## Detailed evaluation

Lippold, Yvonne

Club: Mühlhäuser Röblinglaufverein  
Number: 284

Course: 13.00 km  
Mittelstrecke

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:25:10

Speed: 9.16 km/h  
Running performance: 6:33 min/km

Rank in course/Total: 78 (of 100)  
Rank in course/Women: 16 (of 26)  
Best time in course: 1:01:17

Rank in category: 2(of 4)  
Best time in the category: 1:18:11