



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Rikirsch, Roland

Club: Creuzburg
Number: 311

Course: 13.00 km
Mittelstrecke

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:27:46

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 82 (of 100)

Rank in course/Men: 66 (of 74)

Best time in course: 50:58

Rank in category: 1(of 2)

Best time in the category: 1:27:46