



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Staufenbiel, Roman

Club: SG Eintracht Wendehausen
Number: 427

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:38:40

Speed: 12.77 km/h
Running performance: 4:41 min/km

Rank in course/Total: 9 (of 40)

Rank in course/Men: 9 (of 34)

Best time in course: 1:23:39

Rank in category: 2(of 8)

Best time in the category: 1:36:30