



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Heering, Alexander

Club: Herleshausen
Number: 426

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:41:11

Speed: 12.45 km/h
Running performance: 4:48 min/km

Rank in course/Total: 12 (of 40)

Rank in course/Men: 12 (of 34)

Best time in course: 1:23:39

Rank in category: 3(of 5)

Best time in the category: 1:33:33