



25. Hainich-Lauf
Mihla / 01.05.2019

Detailed evaluation

Gerlach, Astrid

Club: SV Blau-Weiß 90 Kreuzburg
Number: 405

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:13:22

Speed: 9.45 km/h
Running performance: 6:19 min/km

Rank in course/Total: 38 (of 40)

Rank in course/Women: 5 (of 6)

Best time in course: 1:47:50

Rank in category: 2(of 2)

Best time in the category: 2:05:07