



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Nehrig, Jörg

Club: Eisenach

Number: 551

Course: 10.54 km

Viertelmarathon (Lauf)

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:01:21

Speed: 9.78 km/h

Running performance: 5:49 min/km

Rank in course/Total: 1 (of 18)

Rank in course/Men: 1 (of 13)

Best time in course: 1:01:21

Rank in category: 1(of 2)

Best time in the category: 1:01:21