



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Raffler, Frank

Club: WSV Steinbach
Number: 552

Course: 10.54 km
Viertelmarathon (Lauf)

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:18:52

Speed: 7.61 km/h
Running performance: 7:29 min/km

Rank in course/Total: 8 (of 18)

Rank in course/Men: 6 (of 13)

Best time in course: 1:01:21

Rank in category: 1(of 1)

Best time in the category: 1:18:52