



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Semmelroth, Gerno

Total time: 5:52:46

Club: TEA / [www.Bilstein-Marathon.de](http://www.Bilstein-Marathon.de) BiMa 100 HSt

Speed: 7.14 km/h

Number: 776

Running performance: 8:22 min/km

Course: 42.19 km

Rank in course/Total: 25 (of 42)

Höllwand-Marathon

Rank in course/Men: 21 (of 31)

Best time in course: 3:58:15

Category:

Rank in category: 6(of 9)

Senioren M50 (50-54 Jahre)

Best time in the category: 4:32:47