



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Schäfer, Femke

Club: Milans Racing Team  
Number: 799

Course: 42.19 km  
Höllwand-Marathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 5:54:40

Speed: 7.11 km/h  
Running performance: 8:25 min/km

Rank in course/Total: 26 (of 42)  
Rank in course/Women: 5 (of 11)  
Best time in course: 5:09:44

Rank in category: 3(of 3)  
Best time in the category: 5:28:27