



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Plötz, Sybille

Club: HartfüßlerTrail e. V.  
Number: 797

Course: 42.19 km  
Höllwand-Marathon

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 6:23:25

Speed: 6.57 km/h  
Running performance: 9:05 min/km

Rank in course/Total: 29 (of 42)

Rank in course/Women: 7 (of 11)

Best time in course: 5:09:44

Rank in category: 2(of 3)

Best time in the category: 5:09:44