



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Jäger, Ruth

Club: JSK Rodgau  
Number: 1554

Course: 42.19 km  
Höllwand-Marathon

Category:  
Seniorinnen W65 (65-69 Jahre)

Total time: 7:03:54

Speed: 5.94 km/h  
Running performance: 10:03 min/km

Rank in course/Total: 37 (of 42)  
Rank in course/Women: 10 (of 11)  
Best time in course: 5:09:44

Rank in category: 1(of 1)  
Best time in the category: 7:03:54