



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Raddau, Tobias

Club: Laufladen Erfurt OCR-Team
Number: 360

Course: 21.09 km
Halbmarathon (Lauf)

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:03:45

Speed: 10.18 km/h
Running performance: 5:52 min/km

Rank in course/Total: 5 (of 39)

Rank in course/Men: 5 (of 22)

Best time in course: 1:48:00

Rank in category: 2(of 3)

Best time in the category: 1:48:00