



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

**Raddau, Tobias**

Club: Laufladen Erfurt OCR-Team  
Number: 360

Course: 21.09 km  
Halbmarathon (Lauf)

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:03:45

Speed: 10.18 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 5 (of 39)

Rank in course/Men: 5 (of 22)

Best time in course: 1:48:00

Rank in category: 2(of 3)

Best time in the category: 1:48:00