



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

**Droste, Detlef**

Club: Lauf Team Unna  
Number: 541

Course: 10.54 km  
Viertelmarathon (Lauf)

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:37:33

Speed: 6.15 km/h  
Running performance: 9:16 min/km

Rank in course/Total: 14 (of 18)

Rank in course/Men: 10 (of 13)

Best time in course: 1:01:21

Rank in category: 2(of 2)

Best time in the category: 1:01:21