



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Grebe, Martin

Club: LT Altensteiner Park
Number: 545

Course: 10.54 km
Viertelmarathon (Lauf)

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:38:23

Speed: 6.10 km/h
Running performance: 9:20 min/km

Rank in course/Total: 15 (of 18)

Rank in course/Men: 11 (of 13)

Best time in course: 1:01:21

Rank in category: 2(of 3)

Best time in the category: 1:09:11