



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Scheumann, Lars

Club: Zella Mehlis

Number: 392

Course: 21.09 km

Halbmarathon (Lauf)

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:09:37

Speed: 9.72 km/h

Running performance: 6:09 min/km

Rank in course/Total: 8 (of 39)

Rank in course/Men: 7 (of 22)

Best time in course: 1:48:00

Rank in category: 3(of 3)

Best time in the category: 1:48:00