



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Müller, Sirko

Club: Waldschrat Berlin-Brandenburg e.V.
Number: 355

Course: 21.09 km
Halbmarathon (Lauf)

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:13:43

Speed: 9.42 km/h
Running performance: 6:20 min/km

Rank in course/Total: 11 (of 39)

Rank in course/Men: 9 (of 22)

Best time in course: 1:48:00

Rank in category: 2(of 4)

Best time in the category: 2:06:52