



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Stegmann, Thomas

Club: LT Altensteiner Park
Number: 371

Course: 21.09 km
Halbmarathon (Lauf)

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:51

Speed: 8.88 km/h
Running performance: 6:44 min/km

Rank in course/Total: 16 (of 39)

Rank in course/Men: 12 (of 22)

Best time in course: 1:48:00

Rank in category: 4(of 4)

Best time in the category: 2:06:52