



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Murawski, Heike

Club: Loipenwühler
Number: 357

Course: 21.09 km
Halbmarathon (Lauf)

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:36:34

Speed: 8.05 km/h
Running performance: 7:25 min/km

Rank in course/Total: 22 (of 39)

Rank in course/Women: 7 (of 17)

Best time in course: 2:05:00

Rank in category: 3(of 5)

Best time in the category: 2:21:16