



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Rohloff, Manuela

Club: Merkers
Number: 553

Course: 10.54 km
Viertelmarathon (Lauf)

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:14:08

Speed: 8.09 km/h
Running performance: 7:02 min/km

Rank in course/Total: 5 (of 18)
Rank in course/Women: 2 (of 5)
Best time in course: 1:07:58

Rank in category: 1(of 1)
Best time in the category: 1:14:08