



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Ihling, Carmen

Club: TV Barchfeld
Number: 344

Course: 21.09 km
Halbmarathon (Lauf)

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:39:08

Speed: 7.92 km/h
Running performance: 7:33 min/km

Rank in course/Total: 26 (of 39)
Rank in course/Women: 8 (of 17)
Best time in course: 2:05:00

Rank in category: 1(of 2)
Best time in the category: 2:39:08