



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Beck, Mario

Club: LT Altensteiner Park  
Number: 538

Course: 10.54 km  
Viertelmarathon (Nordic Walking)

Total time: 2:07:19

Speed: 4.71 km/h

metres in height up: 340  
Course score: 15.10

performance score: 147 Points