



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Möller, Rainer

Club: LT Altensteiner Park  
Number: 567

Course: 10.54 km  
Viertelmarathon (Nordic Walking)

Total time: 2:08:23

Speed: 4.67 km/h

metres in height up: 340  
Course score: 15.10

performance score: 145 Points