



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Fuhlrott, Detlef

Club: pummpälzsports

Number: 542

Course: 10.54 km

Viertelmarathon (Lauf)

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:15:59

Speed: 7.90 km/h

Running performance: 7:13 min/km

Rank in course/Total: 6 (of 18)

Rank in course/Men: 4 (of 13)

Best time in course: 1:01:21

Rank in category: 1(of 1)

Best time in the category: 1:15:59