



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Hellwig, Imke

Club: TG Boppard  
Number: 341

Course: 21.09 km  
Halbmarathon (Lauf)

Category:  
Frauen (20-29 Jahre)

Total time: 3:32:29

Speed: 5.93 km/h  
Running performance: 10:05 min/km

Rank in course/Total: 37 (of 39)  
Rank in course/Women: 15 (of 17)  
Best time in course: 2:05:00

Rank in category: 3(of 3)  
Best time in the category: 2:05:00