



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Rischow, Sabine

Club: Team ERDINGER Alkoholfrei
Number: 388

Course: 21.09 km
Halbmarathon (NordicWalking)

Total time: 3:16:30

Speed: 6.41 km/h

metres in height up: 675
Course score: 31.13

performance score: 289 Points