



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Esche, Karsten

Club: Arnstadt

Number: 382

Course: 21.09 km

Halbmarathon (NordicWalking)

Total time: 3:18:58

Speed: 6.33 km/h

metres in height up: 675

Course score: 31.13

performance score: 284 Points