



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

Ernst, Marcel

Club: Kieselbach  
Number: 1543

Course: 42.19 km  
Höllwand-Marathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 4:20:52

Speed: 9.66 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 4 (of 42)

Rank in course/Men: 4 (of 31)

Best time in course: 3:58:15

Rank in category: 2(of 3)

Best time in the category: 4:07:31