



16. Rennsteig-Querung  
Pummpälz-Region / 30.06.2019

Detailed evaluation

**Bilek, Marcel**

Club: Lauffeuer Fröttstädt  
Number: 1538

Course: 42.19 km  
Höllwand-Marathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 4:44:09

Speed: 8.87 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 8 (of 42)

Rank in course/Men: 8 (of 31)

Best time in course: 3:58:15

Rank in category: 3(of 3)

Best time in the category: 4:07:31