



16. Rennsteig-Querung
Pummpälz-Region / 30.06.2019

Detailed evaluation

Lautner, Anton

Club: marathon4you.de

Number: 791

Course: 42.19 km

Höllwand-Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 5:46:12

Speed: 7.28 km/h

Running performance: 8:13 min/km

Rank in course/Total: 20 (of 42)

Rank in course/Men: 17 (of 31)

Best time in course: 3:58:15

Rank in category: 1(of 6)

Best time in the category: 5:46:12