



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Krause, Katharina

Club: N3 Sportverein e.V.
Number: 113

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 49:09

Speed: 10.99 km/h
Running performance: 5:17 min/km

Rank in course/Total: 102 (of 321)

Rank in course/Women: 16 (of 132)

Best time in course: 40:10

Rank in category: 5(of 17)

Best time in the category: 43:13