



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Mieske, Nora

Club: SV 90 gräfenroda
Number: 225

Course: 9.30 km
Kurze Strecke

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 50:38

Speed: 10.66 km/h
Running performance: 5:26 min/km

Rank in course/Total: 123 (of 321)

Rank in course/Women: 22 (of 132)

Best time in course: 40:10

Rank in category: 3(of 12)

Best time in the category: 45:52