



16. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Ulke, Susanne

Club: Martinroda  
Number: 226

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 51:06

Speed: 10.57 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 129 (of 321)

Rank in course/Women: 25 (of 132)

Best time in course: 40:10

Rank in category: 2(of 18)

Best time in the category: 48:55