



16. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Kahl, Lilith

Club: Die flinken Gerataler
Number: 89

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 51:23

Speed: 10.86 km/h
Running performance: 5:32 min/km

Rank in course/Total: 137 (of 321)

Rank in course/Women: 28 (of 132)

Best time in course: 40:10

Rank in category: 5(of 17)

Best time in the category: 44:56