



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Kuhn, Jens

Club: GutsMuths RSLV
Number: 119

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:38

Speed: 10.46 km/h
Running performance: 5:33 min/km

Rank in course/Total: 141 (of 321)

Rank in course/Men: 112 (of 189)

Best time in course: 32:19

Rank in category: 15(of 23)

Best time in the category: 36:43