



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Krannich, Thomas

Club: Karlsfeld

Number: 109

Course: 9.30 km

Kurze Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 38:34

Speed: 14.00 km/h

Running performance: 4:09 min/km

Rank in course/Total: 16 (of 321)

Rank in course/Men: 16 (of 189)

Best time in course: 32:19

Rank in category: 3(of 18)

Best time in the category: 34:21